APPLICATION FOR COACH MENTORSHIP SEMINAR

The Alberta Lacrosse Association is looking to improve the training of lacrosse coaches in the province. The True Sport Mentorship Seminar is aimed at improving the training of coaches via an interactive clinic with high level coach mentors. This is aimed at ALL Box Lacrosse coaches in the Province of Alberta. Sessions will be geared towards the audience.

Coaching History:

Last Name   First Name   Email

Street Address   City   Postal Code   Phone

Certification Number: _____   Number of years Coaching:_____
Association: _____   Club: _____
Division: _____   Level: _____

SEMINAR: Classroom session 1.5 hr; followed by 3 hrs on the floor; 1 hr Question and Answer to close

FEE: $50.00 per participant (Limit 50 participants)

DATE: April 9, 2016

LOCATION: ALA Office – Suite 4 – 9 Chippewa Rd Sherwood Park, AB
TIME: 10 am classroom; 1 pm to 3 pm floor session at Southside Arena; Q & A to close

GUEST SPEAKERS: Darris Kilgour

DEADLINE: April 6, 2016

Date   Applicant's Signature

Please Return Completed Application Form Complete with $75 fee payable to ALA

Please <u>mail</u> to: **Alberta Lacrosse Association**
                Suite 4 – 9 Chippewa Rd
                Sherwood Park AB T8A 6J7
                RE: True Sport Seminar

Darris Kilgour Bio –

Kilgour played for the Buffalo Bandits of the National Lacrosse League for eight seasons, before finishing his playing career with the Rochester Knighthawks and Albany Attack. As a player he won three championships with the Bandits, and is the all-time team leader in penalty minutes and faceoffs. Kilgour's number '43' was retired by the Bandits in March 2001,[1] making him the first player to have his number retired by an NLL team. He was inducted into the Ontario Lacrosse Hall of Fame and National Lacrosse League Hall of Fame in 2007; the Canadian Lacrosse Hall of Fame in 2009; and the Greater Buffalo Hall of Fame in 2010.

In 1994, as a member of the Six Nations Chiefs, Kilgour was awarded the Mike Kelly Memorial Trophy as most valuable player in the Mann Cup competition.

In a seven year span Darris collected 2 Minto Cup. 5 Mann Cup, and 4 NLL Championships.

Darris is a former Les Bartley Award winner, which is given to the NLL Coach of the Year, stands as the all-time winningest coach in league history with 121 victories. He amassed most of those wins during an 11-year tenure with the Buffalo Bandits, where he earned a record of 103-73. He took Buffalo to three NLL Finals appearances and a Champion's Cup title in 2008. As a player, he won three championships with the Bandits and was inducted into the NLL Hall of Fame in 2007.

Shortly after leaving the Buffalo Bandits Kilgour was hired as head coach of the Seneca WarChiefs,[4] a Junior B box lacrosse team who compete in the First Nations Junior B Lacrosse League and finished 2nd in the 2015 Founders Cup championship

Darris Kilgour was named assistant coach to the Iroquois Nationals' bench for the 2015 World Championship, where he served as an assistant coach in 2011. Kilgour brings an impressive resume to the assistant coaching position.